

3 Hours

Prerequisites: None

3 hours weekly (3)

This course is designed to provide as much insight as possible into the coaching profession and to examine the many facets involved in the world of the coach. This is a course that will attempt to describe the nature of coaching, point out potential problem areas, offer some advice, and create discussion and debate for those who are about to enter the field and those who are already in it.

3 Hours

Prerequisites: None

3 hours weekly (3)

This course is designed to develop skills and knowledge for organizing, incorporating, and assessing physical education progressions for children and youth. This course will consist of lectures, videos, class participation in demonstrations of teaching movement, teaching practice, and service learning